

FAMILY ONLINE SAFETY AGREEMENT

This agreement is designed to keep our family safe while using the internet. Let's make sure we are on the same page and agree to stay safe online. It's important for both kids and adults to agree on online safety rules that will work best for our family. To help guide our response, we visited know2protect.gov and/or attended a Project iGuardian® presentation.

I, _____ and _____ promise to follow the guidelines below:
Print child's name here *Print parent/guardian's name here*

Protect Personal Information



We will not share our valuable and personal information, photos, or images with anyone that we do not know in the real world. We will also use parental controls or privacy settings, as appropriate, for each of our accounts.

I promise not to share:

Ask for Permission



We will talk before downloading new apps. We will also talk about how to safely use new apps, like not leaving an app to chat privately with someone or meeting someone in person.

Some safe ways to use apps are:

Be Kind and Respectful



We promise to always be kind and respectful to others online, just as we would in person. We will not use hurtful language, be mean to anyone, or post anything online that could embarrass others.

Examples of appropriate behaviors are:

Examples of inappropriate behaviors are:

Talk About What We See



We will share with each other what we are doing online. If we come across anything online that makes us uncomfortable, we promise to talk about it openly and honestly with each other. We will not keep secrets about things that bother us online.

My favorite apps are:

My favorite friends online are:

Balance Screen Time



We will make sure to find a balance between screen time and other activities we enjoy, like playing outside, reading books, or spending time together as a family.

Some of my favorite activities offline are:

I will limit my screentime by:

Trust Each Other



We promise that we will listen to each other free of judgment and blame. We will be open to hearing what is being said so that we can come to each other if something happens online and not be afraid to do so.

Some ways we can build an environment of trust when discussing online safety:

By agreeing to this Family Online Safety Agreement, **we are committing to make our online experiences safe, positive, and enjoyable for everyone.** Let's have fun exploring the digital world together while staying safe and secure!

Child's signature

Date

Parent/Guardian's signature

Date

